

Activities for you and your family

Toddlers

- Allocate jobs like sorting laundry into piles, toys into categories, shoes into pairs
- Use educational TV
- Keep them active when indoors by having jumping, skipping, dancing sessions



Elementary

- Treasure hunts
- Get crafty
- Encourage reading
- baking



Tweens

- Arts and crafts activities
- Learn how to cook
- Set educational challenges
- Cards – Top Trumps, football, Pokémon, YU-GI-OH or LOL
- Make-over party



Additional Resources:

[250+ Creative Ways to Keep Your Family Sane During the COVID-19 Crisis](#)

[Things to do with teens during COVID-19](#)

Pre-school

- Make a blanket fort
- Colouring
- Creating worlds for their toys
- Help with meals
- Obstacle Course



Teenagers

- Allocate jobs (either paid or unpaid)
- Suggest projects
- give them a budget and let them plan travel, accommodation, activities for when you're there
- Make a movie or music on a phone or tablet

